

Physical Education at Grasby All Saints C of E Primary School

Our Vision:

We believe that all members of our school community can flourish as learners and as fulfilled individuals. We will provide rich opportunities for learners to engage and expand their world views, both collaboratively and independently. With joy in our hearts, we are inspired to make positive change in the world.

Intent

We believe that all members of our school community can flourish as sports people and as fulfilled individuals. We will provide rich opportunities for learners to engage and expand their world views, both collaboratively and independently.

Grasby All Saints C of E Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical, emotional, spiritual, social and moral development and good health. We aspire for children to adopt a positive Growth Mindset and believe that anything can be achieved with determination and perseverance. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and achieve their personal best, and in developing life skills.

All children participate in competitive sport which can be against their self and/ or others. We want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. We aim for all children to be physically active for sustained periods of time and to be able to make informed decisions to lead healthy and active lives. We want to teach children skills to keep them safe such as being able to swim and to be able to ride a bike on the road. Our curriculum aims to improve the wellbeing and fitness of all children at Grasby All Saints, not only through the sporting skills taught, but through the underpinning school values and disciplines PE promotes.

Implementation

- PE at Grasby All Saints C of E Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.
- The two-year cycle sets out the PE units which are to be taught throughout each half term/year and ensures that the requirements of the National Curriculum are fully met.
- Pupils participate in two high quality PE lessons each week, covering two sporting disciplines every term. In addition, children are encouraged to participate in the extra-curricular activities and are signposted to sport provision outside of school.
- We use the community Village Hall as an indoor space to teach PE.
- Children have the opportunity to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.
- Children participate in workshops led by specialists in different sports throughout the year.
- Children in years 3 and 4 swim once a week for 10 weeks during the school year. Any children who are unable to swim 25m are offered further swimming lessons. Children in years 5 and 6 are offered a series of lessons covering water safety and skills and stamina building.

Impact

Children will develop fundamental skills and apply them to a variety of sports and activities.

All children will have the necessary skills and opportunities to demonstrate improvement towards achieving their personal best. Our pupils will be physically active, and this will have a positive impact on their learning in the classroom. Children understand how to lead a healthy lifestyle and understand the importance of regular exercise. Children will enjoy PE, develop a love of sport and physical activity and they will represent the school at sporting events from local to county level. Alongside this, pupils will have the opportunities to share sporting achievements in and out of school which celebrate all levels of success.